RNS
RHEUMATOLOGY NURSES SOCIETY™

ABSTRACT REQUIREMENTS & TIPS

A FEW TIPS ON POSTER APPEARANCE/TECHNICAL ASPECTS:

- **Avoid clutter.** Limit your poster presentation to a few main ideas. It's better to present a few of your findings well than present all of your findings poorly.

- **Arrange your poster components to read from left to right and top to bottom.** Emphasize important points on the poster with lines, frames or boxes, and arrows.

- **Keep the lettering simple.** Use no more than three different font sizes; the largest for the poster title, the second largest for section titles, and smallest for text. For all lettering, use both upper and lowercase letters. Words composed of all uppercase letters are difficult to read.

- **Keep the colors simple.** Too much color can be distracting, while too little color can be boring and lifeless. Use color mainly to highlight important elements.

- **Listed below are a number of important poster characteristics:**

  - Use of a poignant attention-getter

  - Use of graphics to communicate data

  - Well organized poster with easy to follow flow of information

TECHNICAL ASPECTS CHECKLIST:

- **Content**
  - Titles, authors, and institutional affiliations are listed
  - Please include a bio and headshot of the lead author
  - The logical sequence of information flow (left to right, and top to bottom)
  - Photographs, graphs, tables, and charts are used whenever possible to display data or convey important information
  - Each section is concise and clear

- **Appearance**

  - Poster construction will accommodate method of the display, pinned to a foam board. Board and pins provided.

  - The poster does not appear cluttered

  - Content can be absorbed in 5 minutes or less

QUESTIONS?

If you need more information, contact us at **events@rnsnurse.org**.